



# Paul Hopfensperger

## Swimming Achievements

2008



Date (DD/MM/YY)	2008 Open Water Events	Time (HH:MM:SS)	Place
14/06/08	British Long Distance Swimming Association, Champion of Champions, Dover Harbour, Kent, UK (9 Miles – 14.5KM). (45 starters).	03:20:46	8 <sup>th</sup>
13/07/08	FINA World Cup Open Water Grand Prix, Jarak to Sabac Swim Marathon, Serbia (19KM). 2 <sup>nd</sup> oldest man in the race (24 starters).	03:30:19	21 <sup>st</sup>
03/08/08	Dover Regatta 2000 Metre Freestyle Sea Swim, Dover Harbour, Kent, UK (2KM) (9 <sup>th</sup> man out of 39 starters. 64 men and women total in the race).	00:26:48.18	9 <sup>th</sup> (2 <sup>nd</sup> Over 40's)
11/09/08	2 <sup>nd</sup> English Channel Swim, England to France (48.2KM). 84 <sup>th</sup> person in history to have swum the English Channel more than once.	13:03:00	-
20/09/08	British Long Distance Swimming Association, Lynn Regis Championship, Kings Lynn, UK (4.5KM). 1 <sup>st</sup> "Veteran" (45 & over) in B.L.D.S.A. 52 year history to win a "Senior" event (16 & over).	01:02:55	1 <sup>st</sup>
18/10/08	FINA World Cup Open Water Grand Prix, Sumidero Canyon, Chiapas, Mexico (15 KM). Oldest man in the race (15 starters).	04:51:00	13 <sup>th</sup>
Date (DD/MM/YY)	2008 Swimming Pool Events	Time (MM:SS.ss)	Place
10/02/08	World Winter Swimming Championships (35 - 49 Age Group) Tooting Bec Lido, London, UK (Water temperature 5.9 Degrees Centigrade) – 62M Freestyle. (25 Starters).	00:38.74	4 <sup>th</sup>
09/02/08	World Winter Swimming Championships (40 - 49 Age Group) Tooting Bec Lido, London, UK (Water temperature 5.9 Degrees Centigrade) – 25M "Head-up" Breastroke (A special winter swimming stroke to keep your head warm). (78 Starters).	00:21.37	14 <sup>th</sup>
16/02/08	13 <sup>th</sup> Sudbury Masters Valentine Meet (45 – 49 Age Group), Sudbury 25 Metre Pool. (200m F/S).	02:28.36	7 <sup>th</sup>
16/02/08	13 <sup>th</sup> Sudbury Masters Valentine Meet (45 – 49 Age Group), Sudbury 25 Metre Pool. (50m F/S).	00:29.81	9 <sup>th</sup>
05/10/08	East of England Masters Championships (45 - 49 Age Group), Bury St Edmunds Sports Centre, 25 Metre Pool. (400M F/S).	05:05.60	3 <sup>rd</sup>
05/10/08	East of England Masters Championships (45 - 49 Age Group), Bury St Edmunds Sports Centre, 25 Metre Pool. (50M F/S).	00:30.46	4 <sup>th</sup>
05/10/08	East of England Masters Championships (45 - 49 Age Group), Bury St Edmunds Sports Centre, 25 Metre Pool. (100M F/S).	01:05.31	2 <sup>nd</sup>
05/10/08	East of England Masters Championships (160+ Age Group), Bury St Edmunds Sports Centre, 25 Metre Pool. (100M I.M. Relay – W.S.).	01:03.73	4 <sup>th</sup>
05/10/08	East of England Masters Championships (45 - 49 Age Group), Bury St Edmunds Sports Centre, 25 Metre Pool. (200M F/S).	02:25.11	3 <sup>rd</sup>
05/10/08	East of England Masters Championships, Bury St Edmunds Sports Centre, 25 Metre Pool. (Mens 100M F/S Relay – West Suffolk 'A').	00:55.39	2 <sup>nd</sup>