



BODY AND MIND STUDIO®

PERSONALISED WELLNESS



DIRECTIONS: Take one capsule daily with a meal. Coenzyme Q10 is used by every cell in the body and is required by the body to help cells produce energy.

Do not exceed the stated recommended dosage. Food supplements should not be used as a substitute for a balanced diet. Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication. This bottle is sealed for your protection, do not use if seal is missing or damaged. Store in a cool, dry place out of the reach and sight of children.



CODE: 2118



LILY & LOAF NUTRITION

CoQ10 100

High quality coenzyme Q10 formula with 100mg of CoQ10 per capsule

Certified Kosher & suitable for Vegans

FOOD SUPPLEMENT
30 VEGETABLE CAPSULES
30 DAY SUPPLY



ONE CAPSULE PROVIDES:	NRV%
CoQ10	100mg

NRV% = Nutrient Reference Value

INGREDIENTS: CoQ10, rice flour, Capsule shell (vegetable cellulose).

CONTAINS NO: GMO, gluten, wheat, lactose, added sugar, artificial preservatives or colourings.



PROFESSIONAL QUALITY RANGE

BEAUTY • HEALTH • BALANCE

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