



**BODY AND MIND STUDIO®**  
PERSONALISED WELLNESS



**DIRECTIONS:** Take one capsule daily with a meal. Vitamin E is a well-known antioxidant that protects cells from oxidative stress. This formula contains d-alpha-tocopherol succinate a natural, non-synthetic form of vitamin E.

Do not exceed the stated recommended dosage. Food supplements should not be used as a substitute for a balanced diet. Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication. This bottle is sealed for your protection, do not use if seal is missing or damaged. Store in a cool, dry place out of the reach and sight of children.



**CODE: 2117**

PROFESSIONAL QUALITY RANGE



LILY & LOAF  
NUTRITION

**VITAMIN E400**

Antioxidant Vitamin E contributes to the protection of cells from oxidative stress

Certified Kosher & suitable for Vegans

FOOD SUPPLEMENT  
30 VEGETABLE CAPSULES  
30 DAY SUPPLY

BEAUTY • HEALTH • BALANCE



ONE CAPSULE PROVIDES:		NRV%
Vitamin E 400iu (d-alpha-tocopherol succinate)	268mg	2237
<small>NRV% = Nutrient Reference Value</small>		

**INGREDIENTS:** Vitamin E Natural (d-alpha-tocopherol succinate), rice flour, Capsule shell (vegetable cellulose).

**CONTAINS NO:** GMO, gluten, wheat, lactose, added sugar, artificial preservatives or colourings.



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