

Since 1972

Stock No. 1817
NATURE'S SUNSHINE PRODUCTS, INC.
Sunshine House, Hortonwood 32,
Telford, Shropshire TF1 7YL England

Product of U.S.A.

Ingredients: Di-calcium phosphate, magnesium oxide, vitamin C, calcium bis-glycinate, potassium citrate, zinc gluconate, pantothenic acid, vitamin E (d-alpha tocopherol), l-selenomethionine, ferrous fumarate, niacinamide, choline bitartrate, inositol, pyridoxine hydrochloride, calcium citrate, magnesium bis-glycinate dihydrate, biotin, thiamin, beta-carotene, para amino benzoic acid, riboflavin, vitamin A palmitate, copper gluconate, manganese citrate, alfalfa aerial parts (*Medicago sativa*), asparagus stems (*Asparagus officinalis*), broccoli flowers (*Brassica oleracea* var. *italica*), cabbage leaves (*Brassica oleracea* var. *capitata*), hesperidin bioflavonoid extract, lemon bioflavonoid extract (*Citrus limon*), rutin, cyanocobalamin, rosehips fruit extract (*Rosa canina*), horsetail stems & strobilus (*Equisetum arvense*), vitamin D₃ (cholecalciferol), potassium iodide, chromium chloride, folic acid, kelp leaves & stems (*Ascophyllum nodosum*, *Laminaria digitata*).
Excipients: Bulking agent; microcrystalline cellulose, anti-caking agent; stearic acid, bulking agent; carboxymethylcellulose sodium, anti-caking agents; magnesium stearate, silicon dioxide.

Recommendation: Take one tablet with a meal twice daily as a food supplement.

WARNING: This product contains iron, which, if taken in excess, may be harmful to very young children. Keep out of sight and reach.

Do not exceed the stated recommended daily dosage.

Always consult your Doctor or Pharmacist before taking food supplements, when you are on prescribed medication.

This bottle is sealed for your protection. Do not use if inner seal is missing or damaged.

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SUPER SUPPLEMENTAL VITAMINS & MINERALS

*A specially considered formulation providing vitamins, minerals, and
a complement of herbs to help support human nutrition.*

120 TABLETS - tablet weight 1300 mg

Food Supplement - 60 day supply - Best before end (shown at right of label).

Store in a cool, dry place out of the reach of children.

This product contains Vitamin A as retinol. Do not take if you are pregnant or likely to become pregnant except on the advice of a doctor or ante-natal clinic.

One tablet contains:	%ECRDA*
Vitamin A (80% retinyl palmitate, 20% beta-carotene)	1000 µg..... 125
Vitamin D ₃	2.7 µg..... 54
Vitamin E	18.2 mg..... 152
Vitamin C	125 mg..... 156
Thiamin	6 mg..... 545
Riboflavin	4.7 mg..... 336
Niacin (from niacinamide).....	15 mg..... 94
Vitamin B ₆	7.2 mg..... 514
Folic acid	85 µg..... 43
Vitamin B ₁₂	25 µg..... 1000
Biotin	79 µg..... 158
Pantothenic acid	34 mg..... 567
Calcium	105 mg..... 13
Phosphorus.....	66 mg..... 9
Magnesium.....	100 mg..... 27
Iron.....	7.5 mg..... 54
Zinc	7.5 mg..... 75
Copper.....	0.5 mg..... 50
Manganese	0.75 mg..... 38
Selenium	25 µg..... 45
Chromium	25 µg..... 63
Iodine	50 µg..... 33
Choline bitartrate	12.5 mg..... --

*RDA=Recommended Daily Allowance

Food supplements should not be used as a substitute for a balanced diet.

LOF:
BBE: