Supplied by ZU Direct Ltd. Hortonwood 32, Telford, TF1 7YL, UK

Zinc contributes to normal cognitive function, carbohydrate & macronutrient metabolism. protein & DNA synthesis. testosterone levels in the blood, metabolism of fatty acids & vitamin A, cell division and the protection of cells from oxidative stress.

Recommendation: Take one tablet daily with a meal

Suitable for Vegetarians and Vegans.



Zinc contributes to the maintenance of normal vision, bones, hair, skin and nails, normal fertility and reproduction, and immune system function. Each tablet contains 15 mg of zinc.

Food Supplement – tablet weight 635 mg – 120 day supply

## 120 TABLETS

Best before end (shown at right of label) Store in a cool, dry place out of reach and sight of children. Each tablet contains:

%NRV\* 

\*Nutrient Reference Value

Ingredients: Zinc gluconate, kelp leaf & stem (Ascophyllum nodosum, Laminaria digitata), alfalfa aerial parts (Medicago sativa), thyme leaf (Thymus vulgaris). Bulking agent: di-calcium phosphate. anti-caking agents: microcrystalline cellulose. magnesium stearate

Do not exceed the stated recommended daily dosage. Food supplements should not be used as a substitute for a balanced diet. Always consult your Doctor or Pharmacist before taking food supplements, when you are on prescribed medication. This bottle was sealed for your protection. Do not use if inner seal is missing or damaged.